### Adult Census Card (Form A) (Source Document)

Village/ Town			Name	ame & Code									
	SRS House No.	Surveyor Name(s) & Codes				and				Respondent	t Code in rela	tion to Head	
Sl. No	Name of Individual	ID code (9-digit)	Relation to Head	Age	Sex	Resident status	Marital status	Education	Occupation	1 <sup>st</sup> visit date & time	2 <sup>nd</sup> visit date & time	3 <sup>rd</sup> visit date & time	Reason for Non- Response
							_						
01 =H 02 =W 03 =So 04 = S 05 =G 06 =Pa 07 =Pa	Relation to Head:  01 = Head  02 = Wife/ husband  03 = Son/daughter  04 = Son-in-law/daughter-in-law  05 = Grandchild  06 = Parent  07 = Parent-in-law  08 = Brother/ sister  09 = Paretter in law/(into in law)  09 = Paretter in law/(into in law)  2 = Female  3 = Others  Resident status:  1 = Usual resident of the how whether present or temporary  2 = In-migrated			Marital status:  1 = Never Married  2 = Married  3 = Remarried  4 = Widowed  5 = Divorced  6 = Separated  9 = Not stated			Education:  1 = Illiterate  2 = Literate without formal education  3 = Below primary  4 = Primary  5 = Middle  6 = Secondary/ Class-10  7 = Hr.Sec/Class12/ Pre-University			Occupation  1 = Salaried  2 = Wage Ea  3 = Agricult  4 = Cultivate  5 = Professio  6 = Non- wo  9 = others	arner ural labourer or on/Business		
08 =Brother/ sister 09 =Brother-in-law/sister-in-law 10 =Niece / Nephew 11 =Other relatives 12=Adopted /foster child 13=Not related  whether present or to the sample of the sample unit)  2 = In-migrated 3 = Out-migrated 4 = Died 5 = Newly Born 6 = Newly Born Died 7 = Shifted into the sample unit)		3 = Out-migrated 4 = Died 5 = Newly Born 6 = Newly Born Died 7 = Shifted into the househo		N 1 2 3 4	= Migra = Not pi	onse: locked cooperation tion				Tele <sub>l</sub> Mob		s till the bold	line, from
Age: I	n Completed Years	sample unit)						the DCO register					



## SRS-HEALTH CHECKUP SURVEY -- 2006 Explanatory Sheet

Medical College, Bangalore (or name of the local institution). This is a Health Checkup survey jointly conducted by the Government of India, New Delhi and St. John's

to gain an insight into the prevalence of determinants such as obesity, elevated blood pressure, and blood diseases in the community. sugar and their contributions to risk of disease and death. Such information can be used for prevention of information from individuals on their behaviours, body measurements and blood sample. This will enable us personal lifestyle, diet, physical activity and living conditions. In this survey, we will be collecting Earlier studies have shown that the health of populations is influenced by several factors like family history,

### Procedures and associated hazards:

You will be required to answer simple questions related to your health, medical history, lifestyle, diet and physical activity. Measurements like height, weight, waist & hip circumference, blood pressure and lung function will also be performed. A blood spot will also be obtained. This will be associated with minimal pain. Risks associated with these procedures are very minimal and mild in nature.

All this will be done in the privacy of your house. This survey will last approximately 45 minutes

### General instructions:

consent, you are at liberty to withdraw from the study at any time. this study, you will be required to give your consent to the procedures in writing. However, even after giving We seek your participation as a volunteer in this study. Please understand that if you agree to participate in

of Health Sciences, Bangalore and will be accessible only to the investigators The data will be stored at the Institute of Public Health and Clinical Research, St. John's National Academy only. You will not be identified by name on any of the data that appears in research reports or publications We assure you that all the data that we collect will remain confidential and will be used for research purposes

You will be provided with a Health Checkup report at the end of the investigation

If you have any questions or concerns regarding the study, please contact:

Dr. Prem Mony, Associate Professor, Institute of Population Health and Clinical Research (IPHCR), St. John's Medical College, Koramangala, Bangalore 560034. Tel: 080-25532037 (ext.146)

reverse page of Explanatory Sheet

(to be printed separately from the Adult Questionnaire so it can be detached after survey is over to maintain confidentiality)

### SRS Health Check-up Consent Form (Source Document)

(Govt. of India) Health Check-up Survey. This includes:  Completing a questionnaire which includes information about my diet, lifestyle and medical history.  Undertaking a physical examination, including measurement of my blood pressure, height, weight, waist & hin circumference, and breath function
waist & hin circumference, and hreath function
THE PARTY OF THE P
☐ Providing a few drops of blood which will be stored and used for measurement of factors possibly
related to various forms of chronic and infectious diseases.
<ul> <li>I understand that I am free not to participate in this study, and can withdraw at any time without needing to give a reason and without affecting my routine medical care or participation in other surveys.</li> </ul>
• I understand that I will be given the results of physical measurements and anaemia screening, but I will not be given all the results of the blood tests as samples will not be tested at present, but stored long-term for later analysis.
• I may be invited to participate in a repeat survey to assess changes in lifestyle and measurements
National Academy of Health Sciences-Bangalore, PGIChandigarh, St Michael's HospitalToronto and the Registrar General of India are responsible for the whole project and will use the results to try to
my participation.
Name of the person Signature/ Thumb imprint Date
Name of the interviewer Signature/ Thumb imprint Date
Name of witness (for illiterate participant)  Signature/ Thumb imprint  Date
Identification code of Individual:
Address
Pincode

If you have any questions or concerns regarding the study, please contact:

Dr. Prem Mony, Asst. Professor, St. John's Research Institute, St. John's National Academy of Health Sciences, Koramangala, Bangalore 560034. Tel: 080-25532037 (ext.146)

reverse page of Consent Sheet

## SRS HA

(For each adult aged 18 years and above)	ove)
(Source Document) Health Surveyor code	or code & Sex
Identification code of Individual:	
SRS Unit code	
Date (dd/mm/yy): Start time: :	: am/pm

Zo.	Question	Response category	Coding category	Skip to
<b>–</b>	Blood pressure 1 (left arm – sitting):	Systolic diastolic mmHg	0	
2	Heart rate 1	per minute		
ယ	Year of Birth			
4	Sex	Male	3 2 1	
S	Religion	Hindu       1         Muslim       2         Christian       3         Sikh       4         Buddhist       5         Jain       6         No religion       7         Other       9	9760400	
6	Marital status	Never married       1         Married       2         Remarried       3         Widow(er)       4         Divorced       5         Separated       6         Not stated       9	960400	
7	Education	Illiterate	87654321	

No.	Question	Response category	Coding category
88	What kind of occupational work do you do? (record verbatim)		
8b	Code the Occupation into one of the categories	Salaried       1         Wage earner       2         Agricultural labour       3         Cultivator       4         Profession/ Business       5         Non worker       6         Other       9	
9a	(For all males) Do you have to sleep away from home for any reason (work/study/ other reason)?	Yes	
	(For married females) Does your husband have to be sleep away from home for any reason (study/work/other reason)?	Refused/Not Answered 8 Unknown9	
9b	If yes, totally for how many months in the last 1 year?	months	

Question Res  Question Res  Rice Rice Residue Question Res  Residue Question Res  Residue Question Res  Residue Residue Question Residue Residue Question Residue Resi	ast 12
Question Rei  The past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months, about how often did you eat the following the past 12 months are past 12 months, about how often did you eat the following the past 12 months are past 12 months, about 12 months are past 12 months, about 12 months are past 12 months, about 12 months are past 12	t how often did you eat the following foods?  Daily/almost daily Frequently Occasionally (5-7 days) (3-4 days/week) (1-2 days/week) pork)
t the following :  ily Frequently 3-4 days/week)	Response catego  t the following foods?  ily Frequently Occasionally 3-4 days/week) (1-2 days/week)
	sponse catego foods? Occasionally (1-2 days/week)

Section 3: Physical activity

Section 3a: Job-related Physical activities (last 12 months)

No.       Question       Response       Coding category       Skip to         14       How active were you in your job/study?       Manual work (e.g. farmer, coolie, construction worker)
Response           k (e.g. farmer, coolie, worker)
Coding Skip to category
Skip to

# Section 3b: Non-job related Physical activities (last 12 months)

Secu	Section 4. Indoor air ponduon & Fassive smoking	OKIIIS		
No.	Question	Response	Coding	Skip to
			category	
21	How many rooms are there in your			
	house (excluding kitchen)?			

27 H	26 I	25 /	24 \rightarrow i	23 V	22   Y
How frequently are you exposed to other people's tobacco smoke at your workplace (ie, a minimum of 5 consecutive minutes each time)?	Does anyone in your household smoke excluding you?	Are you the person doing most of the cooking in your house?	Where do you do most of your cooking in your house?	What is the main cooking fuel used in your house?	What type of wall does your house have?
Never or almost never       1         1-2 days/week       2         Daily or almost everyday       3         Not working       9	Yes	Yes	Indoor, in the main living area	Firewood/ cowdung/ crop residues1 Coal	Pucca       1         Kuchha       2
1 2 3	2	2	4 3 2 1	4321	2

Secti	Section 5: Personal & Family Medical History	cal Histo	ry			
Zo.	Question		Response	onse	Coding category	Skip to
28	How would you rate your current general health status?	nt	ExcellentGoodFair.	2	2 3	
			Poor	4	4	
29	Has a <b>doctor</b> ever told you that you have the following disease?	ou that yo	ou have the following	disease?		
		efinite Ye	1. Definite Yes 2. Definite No	9. Unknown		
	Hypertension		С	С		
	Diabetes					
	Heart disease					
	Stroke					
	Asthma					
	Tuberculosis					
	Cancer					
	Genital ulcer/discharge					
	HIV/AIDS					
	Other chronic disease			☐ Specify	Specify	

						30
Uncle/ aunt	Grandparents	Children	Siblings	Father	Mother	Did any of your parents, siblings or children have following diseases? (for all except mother or father, note down the number with the disease)
					Hypertension Diabetes	ents, siblings or er with the dise
					n Diabetes	children have i
					Heart disease □	îollowing disease
					Asthma	es? (for all e
					Heart disease Asthma Mental disorder Cancer	xcept mother or fa
					Cancer	ther,

Secti No.	Section 6: Tobacco and alcohol consumption  No. Ouestion	Response	Coding
	K 1000	A COLOR	category
31	Which of the following best describes your tobacco smoking status?	Current smoker (last 6 months)1 Past smoker (6 months ago)2 Non-smoker	2 +
32	If current smoker, how many beedis per day?		
33	If current smoker, how many cigarettes per day?		
34	Others per day (specify)		
35	Do you currently chew tobacco?	Definite yes       1         Definite no       2         Refused / not answered       8	8 2 1
35a	If yes, how many times per day?	No. of times/day	
36	Do you currently apply tobacco?	Definite yes       1         Definite no       2         Refused / not answered       8	8 2 1
36a	If yes, how many times per day?	No. of times/day	
37	Did you drink alcohol at least once a week during most weeks?	Definite yes       1         Definite no       2         Refused / not answered       8	8 2 1
38	If yes, average no. of days per week drink was taken	Number of days in a week Not Answered8 Unknown9	

Section 7: Physical Measurements (if there is no female interviewer in the team, skip circumference measurements for female participants)

50 I	49   I	48   I	47 \	46 \	45 \	44a I	44 /	43 \	42   I	41 I	40 H	39   E	No.
Lung function Peak flow-1 Peak flow-2	Hip circumference-2	Hip circumference-1	Waist circumferences measured:	Waist circumference-2	Waist circumference-1	If yes, is duration >3 months (completed months)	Are you pregnant? (for women only)	Weight	Height	In the past week, have you taken any tablets to reduce your blood pressure?	Heart rate 2	Blood pressure 2 (left arm – sitting):	Parameter
	cm	WILL COUNTY	g	cm	. cm		Yes			Definite yes	per minute	Systolic / diastolic mmHg	Measurement
						► Q50							Skip to

Secti	Section 8: Biologic Measurements		
No.	Question	Response category	Skip to
52	52 Blood sample collected	Yes1	
		No2 → Q55	→ Q55
52a	52a Apply Label here	Sample ID Label	Label
52b	52b Time blood taken	a.m/p.m.	
53	In the past week, have you taken any tablets to reduce your blood cholesterol?	Definite yes       1         Definite no       2	
54	Other tests (Haemoglobin)	Not sure9  [ ] gm/D1	

Sections 9 & 10 are for adults aged 18–49 years only. [Now I would like to ask you a few questions regarding your sexual life and sexual behaviours. Honest responses to these questions will help the survey to understand the causes of sexually transmitted diseases. Your responses will not be shared with anyone.]

62	61	60b	60a	Q.	60	,	59		58a	58		57a	,	57	JOU	56h	56a	56	1			55	No.	Sectio
In the last year, have you had sex with a man?	In total, with how many different women (including wife), have you ever had sex in your life?	If yes, did you use a condom the last time?	If yes, when was the last time you ever paid for sex with a woman?	with a woman?	Have you ever naid/given gifts for sev	intercourse?	At what age did you first have sexual		If yes, did you use a condom the last	In the last year, have you had sex with a woman who is NOT your wife/partner?		If yes, when was the last time	wife/partner?	For ever marr	time?	If you did you use a condom the last	If yes, when was the last time	Have you ever had sex with a woman?	For never married men (i.e., not married and not co-habiting with anyone)			Have you ever been/ are you currently	Question	Section 9: Sexual Behaviour (for adults aged 1849 years only)  For Men
Yes		Yes1 No2	<1 year1 >1 year2	No		Age  Not Answered8  Don't Know 9	For all men	No2	Yes	Yes	71 year	<1 year	No2	For ever married or co-habiting men	No2	Unknown9		Yes1 No2	married and not co-habiti	Married	Unmarried & Co-habiting	Unmarried & not co-habiting	Response categories	849 years only) For Men
2 } -		1 2	1 2	2 8 9	1	\$ 8		2	1	2 -	9	) 1	2 -	1	2 -	9	2 _	2 -	ng with anyone	3	2	1	Coding category	
68				• 61						<del>+</del> 59			▶ 58		<b>→</b> 59		<b>5</b> 9	<b>→</b> 62		57		▶ 56	Skip to	

67 I	66g I	66f I		66e 1	66d	_		66a I	~ 1 0	66 I	6 1	65 I		ro.	64 I		63 I	
In total, with how many different men (including husband), have you ever had sex in your life?	Did you use a condom the last time you has sex with this partner?	Did you ever use a condom with this partner?	Does he force you or has he ever forced you to have sex with him?	having sex with him (e.g. money/gifts/security/or other benefits)?	Does he give you anything in return to	Circumstances/place(s) of contact –	Age of partner –	Relationship with partner – (e.g. friend, relative, colleague, etc)	(Note: try to have an open conversation with respondent keeping questions below in mind)	If yes, could you please tell us a little more in detail (regarding last 3 partners):	man other than your husband or cohabiting partner?	In the last year, have you had sex with a		sexual intercourse?	If yes, at what age did you first have		Have you ever had sex with a man?	For all women (skip this section if no female interviewer is present in the team)
										Partner 1	No	Yes1	Don't Know9	Age		No2	Yes1	io female interviewer is
										Partner 2	2 -		9			2 -	1	present in the tea
										Partner 3	67					68	,	am)

Se	Section 10: AIDS module (for adults aged 1849 years only)	849 years only)		
No.	Question	Response	Coding	Skip to
			category	
39	68 Have you ever had an HIV test done?	Yes1	1	
	(Please do not ask the result of the	No2	2	
	test)	No response8	8	
69	69 Do you know anyone personally who	Yes1	1	
	has died of AIDS?	No2	2	

End Time:

] am/pm

## Fieldwork Checklist (To be filled in the field soon after interview) (Source Document)

N <sub>o</sub>	Item	$\sqrt{\mathbf{or} \mathbf{X}}$	If X, why?
1	Form A filled		
2	Informed Consent signed		
3	Questionnaire administered fully		
4	Physical measurements taken		
5	DBS collected		
6	Sample Label-1 placed on Questionnaire		
7	Sample Label-2 placed on DBS filter paper		
8	Sample Label-3 placed on field sample log sheet		
9	Health Report card given to respondent & explained		
10	Health Promotion brochure given to respondent &		
	explained		

4	Physical measurements taken		
5	DBS collected		
6	Sample Label-1 placed on Questionnaire		
7	Sample Label-2 placed on DBS filter paper		
8	Sample Label-3 placed on field sample log sheet		
9	Health Report card given to respondent & explained		
10	Health Promotion brochure given to respondent &		
	explained		
	(to be completed in the office)	he office)	
İ			1
Forn	Form checked & cleaned by HS <sup>2</sup>	:	Date:
Supe	Supervised by:		Date:
Data	Data entry by:		Date: